

ARE YOU A LITTLE MOODY?

James 5:13-15

INTRODUCTION: In many ways the Christian life is no different from the life of any other person. Life has its good days and its bad days. We all have ups and downs in this life. The Book of Psalms was written to reveal our human emotions. Every possible range of human emotions can be found in the Book of Psalms.

I. GOD IS WITH US IN ALL OUR MOOD SWINGS!

There is no time, circumstance or moods that we will go through that are beyond the ability of our Lord to bless us: Psalm 31:15; Psalm 46:1; Deuteronomy 33:25. Whatever our circumstances God invites us to come to Him. James 5:13-14: In each of these mood conditions there is an appropriate spiritual response but a different spiritual response for each mood. 2 Timothy 2:3: this verse speaks of those times in life when things just don't go well. Those times come to everyone, not just you. John 16:33.

II. LET HIM PRAY!

When we are afflicted the Word of God says to pray: James 5:13. We need to stop complaining and grumbling and start praying! Psalm 27:5: Prayer is our shelter in the time of storm. Psalm 34:19. Our troubles will either drive us away from God or drive us to God: You get to chose which you will do. Will you live in anger and fear or in faith and in prayer? If God does not lift your burden when you come to him in prayer what He will do is give you the grace you need to go through the problem. Hebrews 4:15-16; James 1:2-5; James 5:13.

III. SING PSALMS!

Here is the second question: "Is any merry?" James 5:13: the word merry means to be of good spirits. There are those days when everything just seems to be going my way! James 5:13 says if you are merry sing Psalms. Psalm 118:24; 1 Thessalonians 5:16-18; Proverbs 17:22; Proverbs 15:15; 1 Timothy 6:17; Ephesians 5:18-19; Colossians 3:16. Spiritual singing is motivated by the Holy Spirit and is based on the Word of God!

IV. CALL FOR THE ELDERS AND BE ANNOINTED WITH OIL!

Here is the third question: "Is any sick among you?" What do you do if you are sick? James 5:14-15. Yes the church is to have a ministry of healing. We go through the same problems and moods as the rest of mankind, but here is the difference. Jesus is the difference. When we know and trust in Jesus Christ our response to our moods should not be the same as the world's responses to those same moods. Jesus Christ knows our every weakness. We need to take it to the Lord in prayer!