

## I AM THE BREAD OF LIFE!

John 6:28-40

INTRODUCTION: Who is Jesus is a question people have been talking about for years. It might be good to see who the Word of God says Jesus is and who Jesus said He is: John 20:30-31; Matthew 16:13-15. So often in life we try to create a Jesus who is like we are so we can be comfortable with Him. Jesus claimed to be “the bread of life; the light of the world; the door to heaven; the good shepherd; the way; the truth; and the life.”

### I. JESUS COMPLETELY SATISFIES OUR SPIRITUAL HUNGER!

John 6:32-35: When our Lord talked about being the bread of life it is in the context of a major event that had just occurred. John 6:10-13: five thousand men plus women and children all fed from a little boys lunch of five small barley loaves and two small fish and then had the disciples gather up what was left; twelve baskets full of bread and fish. John 6:30-34: Here Jesus claims to be the bread of life that will not only be enough, but more than enough for all our needs.

### II. GOD HAS ALWAYS PROVIDED FOR HIS PEOPLE: ALL WE NEED AND MORE!

Exodus 16:4, 14-15, 31-35. Manna for forty years and God supplied their needs for food for forty years in the wilderness. Jesus is saying just as God provided for their physical needs, Jesus will be more than enough for all our spiritual needs. John 6:48-51. Faith in Jesus will give us eternal life: John 6:50-51. It is through faith in Jesus Christ as our Lord and Savior that we gain eternal life: John 6:47-48.

### III. HOW DO YOU EAT JESUS?

Our God is in the business of speaking to people’s hearts and creating a spiritual hunger in their souls. John 6:44. God creates the spiritual hunger but we also have a part to play in our own salvation. John 6:28-29. We must believe what the Word of God and what Jesus claimed about Himself. Our Lord Jesus must be received: John 1:12-13. Every morning the children of Israel went outside their tents and began to gather up the manna to meet their physical hunger. They could either pick up the manna and live or just let it stay on the ground and die. So today you will either receive Jesus Christ as the bread of life or literally starve to death spiritually. Spiritually we cannot trust in our own works for salvation or we will die eternally. Ephesians 2:8-10; Acts 4:12; Romans 10:9-10, 13. Will you trust in Jesus Christ as your personal Lord and Savior? If not what or who will you trust in for your salvation?